



Jones Hall

Food and Nutrition/ Dietetics

Dietetics is an exciting career where you, the “food and nutrition expert,” can make a real difference in people’s lives. You have the opportunity to help them promote good health through proper nutrition. Many rewarding career opportunities are abundant in the field.

Within the profession, you can choose to be:

- A *Dietetic Technician, Registered (DTR)* is a nutrition professional trained to be an integral part of the health care and foodservice management teams. A DTR supports the work of a registered dietitian and other health care professionals. DTRs work in nutrition services departments of hospitals, extended care facilities, schools, correctional facilities, and commercial foodservice systems.
- A *Registered Dietitian (RD)* is a nutrition professional who administers medical nutrition therapy as a member of the health care team. The RD advises doctors and nurses and teaches others regarding the importance of good nutrition. Some RDs own their own nutrition businesses. Others manage foodservice operations in a variety of enterprises.

Employment Opportunities

Nutrition professionals find employment opportunities in the following areas:

- Community Health Agencies
- Corporate Wellness Programs
- Correctional Facilities
- Education
- Extended Care Facilities
- Food and Nutrition-related Businesses and Industries
- Sports Nutrition
- Food Companies
- Hospitals
- Hotels and Restaurants

- Management
- Private Practice
- Public and Private School Systems
- Research Programs
- Wellness Centers

Through the Office of Career Services, food and nutrition students graduating from YSU typically have the opportunity to interview on campus with numerous prospective employers. Annual starting salaries generally meet or exceed the national average for entry-level positions.

Degree Options

The Department of Human Ecology offers three undergraduate programs in food and nutrition/dietetics:

The Dietetic Technician program is a two-year, five-semester program leading to an Associate in Applied Science degree. It combines classroom and supervised practice experience. Graduates are eligible to take the Registration Examination for Dietetic Technicians to become credentialed as DTRs, dietetic technicians, registered.

The Didactic Program in Dietetics (DPD) is a four-year program leading to a Bachelor of Science in Applied Science degree. Graduates then need to obtain supervised practical experience by completing a CADE accredited dietetic internship. Then they will be eligible to take the Registration Examination for Dietitians to become credentialed as RDs, registered dietitians.

The Coordinated Program in Dietetics (CPD) is a four-year program leading to a Bachelor of Science in Applied Science degree. The CPD combines classroom and supervised practice experience. Graduates are eligible to take the Registration Examination for Dietitians to become credentialed as RDs, registered dietitians. Admission to the program is restricted to a maximum of 14 junior students per year.

Accreditation

The Dietetic Technician Program, Didactic Program in Dietetics, and Coordinated Program in Dietetics of the Bitonte College of Health and Human Services are professionally accredited by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association.

Facilities

Cushwa Hall is home to the dietetics programs and houses classrooms, laboratories, conference rooms, an extensive collection of print and non-print audio/visual materials, and computer terminals.

Faculty

YSU maintains a faculty-student ratio of approximately 1:19, among the lowest of the state-affiliated universities in Ohio.

The faculty are well qualified by academic training, work experience and research to aid students at every level of their University study. Because of the diversity of the curriculum, students have the opportunity to study with a large number of expert faculty from several departments. In addition to fulfilling teaching and counseling commitments to students, faculty members remain current in their areas of specialization through professional literature and conferences. Part-time faculty bring expertise from their current experiences in the field.

Professional and Honorary Societies

Food and nutrition/dietetic students are encouraged to acquire membership and participate in Students in Dietetics and the Hospitality Management Society. These organizations are sponsored by the Department of Human Ecology and provide opportunities to attend local, state, and national meetings of professional dietitians and to participate in nutrition-related projects in the community.

Membership in The American Dietetic Association is strongly promoted.

Outstanding dietetics students may be elected to campus chapters of Kappa Omicron Nu (national honor society for Family and Consumer Sciences), Eta Sigma Gamma (national health education honorary society), Phi Kappa Phi (honorary society for all disciplines), Alpha Lambda Delta (freshman honorary society), and Golden Key.

Special Scholarships and Awards

Students in the Human Ecology Department are eligible for the Ilajean Feldmiller Scholarship, Margaret C. Horvath Professional Fund, Mary J. Beaubien Alumni Scholarship, and other scholarships offered by the Department, the College and various local, state and national associations. Each year one graduating senior is chosen by the faculty as the outstanding Human Ecology student.

Curriculum Overview

For the dietetic technician program:

First Year

Anatomy & Physiology/Lab
Human Ecology Professions
Food Science & Management Principles/Lab
Normal Nutrition/Lab
Organization & Management
Food Systems: Operation, Production and Service/Lab

Second Year

Allied Health Chemistry/Lab
Microbiology/Health Profession/Lab
Diet Therapy/Lab
Food Systems: Supervised Practice
Financial Accounting
Nutritional Care Clinical Experience
DT Practicum
Seminar

For the didactic program in dietetics:

First Year

Anatomy & Physiology/Lab
Human Ecology Professions
Food Science & Management Principles/Lab
Normal Nutrition/Lab
Anatomy & Physiology/Lab
Fundamentals of Sociology
Food Systems: Operations/Production/Service & Lab

Second Year

Allied Health Chemistry/Lab
Microbiology Health Professions/Lab
Diet Therapy/ Lab
General Psychology
Business Computer Systems
Allied Health Chemistry /Lab
Financial Accounting
Educational Psychology
Individual & Family Development

(see following page)



To obtain the Undergraduate Admissions and Financial Aid Application and/or a copy of the current Undergraduate Bulletin, please contact the Office of Admissions at:

Telephone: (877) 468-6978 330-941-2000 TDD: 330-941-1564 Fax: 330-941-3674 E-mail: enroll@ysu.edu

The Office of Admissions is open Monday and Thursday, 8:00 a.m. to 6:00 p.m., and Tuesday, Wednesday, and Friday, 8 a.m. to 5 p.m. The Office is also open every other Saturday from 9 a.m. to noon, except on holiday weekends and during term breaks

Third Year

Chemistry
Adv. Normal Nutrition
Clinical Nutrition 1
Economics
Survey of Math
Clinical Nutrition 2
Experimental Foods/Lab
Research Methods
Fundamentals of Management

Fourth Year

Foodservice Systems Management
Community Nutrition
Maternal & Child Nutrition
Nutrition & Aging
Communication of Contemporary Issues
DPD Capstone

For the coordinated program in dietetics (CPD):

Third Year

Nutritional Biochemistry Lab
Advanced Nutrition
Clinical Nutrition 1/Lab
Survey of Math
Clinical Nutrition 2/Lab
Experimental Foods/Lab
Research Methods in Dietetics/Lab
Fundamentals of Management

Fourth Year

Foodservice Systems Management/Lab
Community Nutrition/Lab
Maternal & Child Nutrition/Lab
Nutrition & Aging/Lab
Communication of Contemporary Issues
Practicum in Dietetics

For more information about this program, go to
<http://bchhs.ysu.edu/dhe/dhe.html>



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