



Adventure Recreation & Team Building Agreement

Youngstown State University

Department of Campus Recreation / Intramural Sports

Revised 6-2008

Participant Information

Name: _____ Phone Number: _____
Address: _____ E-Mail Address: _____

Student ID Number: _____

Date Of Birth : _____

ELIGIBILITY: To be an approved participant in any of the Adventure Recreation & Team Building areas or programs which includes but not limited to the elevated challenge course, the climbing wall, and Beeghly Natatorium a participant must adhere to all safety rules and skills test for every program.

- ARWC Adventure Recreation Team Building Program participants who are **experienced or inexperienced** climbers must follow all instructions, safety skills, rules and regulations.
- Participants under the age of 18 must also have a **parent or legal guardian** signature on all waivers. Notes of parental permission are not acceptable in any circumstance.
- ARWC reserves the right to refuse participation of any participant.

ACCESS PROCEDURES

- All approved participants must:
 - Check in with the programming staff;
 - Have an Acknowledgement of Risk and Release Form in ARWC position, with all appropriate signatures;
 - Be issued ARWC-approved equipment, excluding personal shoes and chalk bags. Participants may also use their own harness for the climbing wall portion provided that it is inspected by a wall supervisor or intern.
 - Wear a helmet or sign a Helmet Release Waiver;
 - Not be permitted to take personal items into the elevated challenge course or climbing wall area except for approved gear and plastic water bottles containing water only.

EQUIPMENT POLICIES

- Climbing shoes or athletic shoes are required to be worn at all times. Bare feet or hiking boots are not permitted.
- All participants must use ARWC provided belay devices, carabiners, and ropes for the climbing wall and ONLY ARWC equipment for the elevated challenge course. **No exceptions.**
- Participants may use their own harness on the climbing wall provided it is inspected by a wall supervisor or intern. All harnesses must be fitted properly according to manufacturer's specifications. Homemade harnesses will not be permitted.
- Helmets are highly recommended, but not required as long as the participant signs a Helmet Release Form.
- No loose chalk is permitted. Climbers may use Bison balls, but X-factor is not permitted.
- All equipment must be returned at the end of each program or a service charge will incur.

YOUNGSTOWN STATE UNIVERSITY ELEVATED CHALLENGE COURSE AND CLIMBING WALL POLICIES AND PROCEDURES

- Participants are responsible for assuring that the program staff has twice checked their safety systems prior to entering the elevated challenge course or climbing on the rock wall.
- Participants must tie into their harness. Clipping in is not permitted
- Belayers on the climbing wall must belay from their harness and not the floor anchors.
- Belayers are required to use the floor anchors.
- Swinging across the wall or swinging on the leads for the elevated challenge course is not permitted.
- Climbers must climb the designated routes.
- Grabbing, pulling or stepping on quick draws or bolt hangers is not permitted.
- Bouldering with hands above the 10' shaded area is not permitted.
- Bouldering above or below another climber or boulderer is not permitted.
- Spotters are highly recommended when bouldering.
- A climber that is bleeding may not continue to use the wall until the blood is properly cleaned and the wound is covered.
- Food, beverages, alcoholic beverages, personal belongings or glass are not permitted in the climbing or elevated challenge course areas. Approved climbing gear and plastic bottles containing water only are permitted at the wall.
- All accidents and damaged equipment must be reported immediately to the program staff.
- Shirts are required. Sports bras, sleeveless or shirtless participants are not permitted.
- All personal possessions such as jewelry, watches, necklaces, rings, excessively loose clothing, etc., must be removed when participating in an adventure recreation program and stored in your locker. Program staff are not responsible for lost or stolen items.
- Correct communication commands must be used by both the climber and belayer.
- Spectators will be allowed at the staffs' discretion.
- Patrons found to be participating in an adventure recreation program under the influence of alcohol or drugs will be stopped from participation and could have disciplinary actions brought against them.
- Patrons found to be participating in an adventure recreation program under the influence of prescription medication that could put their participation at a greater risk, will be stopped from participation.
- All staff has the right to ask uncooperative or unsafe participants to leave.
- Any one found to be participating in an unsafe manner will be counseled about appropriate techniques, procedures or behaviors first; if continued abuse occurs, participants will be asked to leave. If the participant still continues with inappropriate techniques or behavior, they will be removed from the program and asked to leave the building.
- **Any infraction of any policy can result in immediate removal from the program and building.**

Indoor Elevated Challenge Course, Climbing Wall and Any Other Area Used For Teambuilding Activities

Acknowledgment of Risk and Release

ELEVATED CHALLENGE COURSE / CLIMBING WALL / RAPPELLING / TEAMBUILDING

AREAS: There are significant elements of risk in any activities at the elevated challenge course, climbing wall and teambuilding areas. It is not always within the power of the Youngstown State University Adventure Recreation staff to protect all participants at all times from the hazards of elevated challenge course, rock climbing, rappelling or teambuilding areas. The risk involved in participating in Adventure Recreation programming includes known and unknown dangers such as loss of or damage to equipment, accidental injury, permanent trauma, or loss of life.

Acknowledgment of Risk

I hereby acknowledge and agree that the use of the Youngstown State University elevated challenge course, climbing wall and teambuilding areas have inherent risks. I have full knowledge of the nature and extent of all risks associated with participating in Adventure Recreation programming, including but not limited to:

- Injury from falling from high elevations (up to 53 feet) and impacting against any person, object, or building structure including landing surface around the climbing wall.
- Injury in the form of cuts, bruises, abrasions, muscle and/or tendon strain, and rope burns.
- Injury from equipment or other debris falling from above the participant.
- Injury from choosing not to wear a helmet. I understand that helmets are provided free and by choosing not to wear a helmet, I am exposing myself to an increased risk while on the elevated challenge course or climbing wall.
- Injury from choosing to wear my personal harness for the climbing wall only. I understand that by using my personal harness that I am responsible for inspecting the harness and monitoring its upkeep.
- Failure to follow the above safety policies and procedures and/or follow directions from ARWC Adventure Recreation program staff could result in loss of or damage to equipment, accidental injury, permanent trauma, or loss of life.
- The presence, actions or falls of other participants.
- Misuse of equipment or facilities in the elevated challenge course, climbing wall or any area used for teambuilding activities.
- Injury caused by other participants' negligence.
- Fatigue, chill and/or dizziness, which may diminish reaction time and increase the risk of accident.
- Slips, trips, falls or painful crashes while using the facilities or equipment in the ARWC.

I understand the description of these risks is not complete and that other unknown or unanticipated risks may result in injury, illness or death.

Assumption of Risk and Responsibility

In recognition of the inherent risks of the above activity and in consideration of my use of the Youngstown State University Adventure Recreation team building programs including the areas of elevated challenge course, climbing wall and any other area used for teambuilding activity I, the undersigned user, agree to release and on behalf of myself, my heirs, representatives, executors, administrators, and assigns hereby do release Youngstown State University, its agents, officers, employees, participants, volunteers, and all other persons or entities acting in any capacity on its behalf from any cause of action, claims, or demands of any nature related to my use of the climbing wall, including injury or damage due to the negligence of YSU and its employees, as follows:

1. I acknowledge that use of the elevated challenge course, rock climbing/rappelling/bouldering and any other areas used for teambuilding activities includes known and unanticipated risks, which could result in physical or emotional injury, paralysis, death, or damage to myself, to property or to third parties. I hereby certify that I have full knowledge of the nature of risks of teambuilding activities and further understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.
2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. Should Youngstown State University, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold such harmless for all fees and costs.
4. I certify that I have adequate insurance to cover any injury or damage I may cause to suffer while participating, or else I agree to bear the costs of such injury or damage to myself. I further certify that I am in good health, and that I have no medical or physical conditions that could interfere with my safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

Harness Release (Sign only if you want to use your own harness on the climbing wall)

I voluntarily choose to use my own harness and accept personal responsibility for injuries that may occur as a result of using my harness.

Participant Name _____ Signature _____ Date _____

Parent or Guardian Name _____ Signature _____ Date _____

Helmet Release (Sign only if you do not want to wear a helmet)

I voluntarily choose not to wear a helmet and accept personal responsibility for injuries that may occur as a result of not wearing a helmet.

Participant Name _____ Signature _____ Date _____

Parent or Guardian Name _____ Signature _____ Date _____

I certify that I have fully read and understood the foregoing policies and procedures, acknowledgment of risks, and assumption of risk and responsibility. I agree to abide by the policies and procedures listed above and follow all directions of the climbing wall staff. I further understand that the terms of this agreement are legally binding.

Participant Name _____ Signature _____ Date _____

Parent or Guardian Name _____ Signature _____ Date _____