

YOUNGSTOWN STATE UNIVERSITY

**POSITION DESCRIPTION
STUDENT GROUP FITNESS INSTRUCTOR I**

CAMPUS RECREATION AND INTRAMURAL SPORTS

ANDREWS STUDENT RECREATION AND WELLNESS CENTER

Position Title: Student Group Fitness Instructor I

Position Description: Responsible for leading students of all ages, backgrounds and fitness capabilities through safe, effective and motivating sessions. Obtain and maintain current First Aid, CPR, and other applicable certifications. Demonstrate expertise in the desired area of instruction. Inform the Fitness & Wellness Coordinator of your schedule and availability for each semester. Operate the stereo and microphone properly. Inventory and maintain group exercise, instructional and spinning equipment. Maintain on-going communication by checking and responding to e-mail messages and mailbox contents. Take an active role in Group Exercise, Spinning and other Fitness and Wellness events. Conduct 1-2 peer evaluations per semester. Perform daily class announcements & promote other activities sponsored by the Department of Campus Recreation. Other duties as assigned.

Minimum Requirements: The Instructor I position requires the applicant to be certified by a Nationally recognized organization specific to the desired area of instruction and the ability to teach one class format.

YSU student in good standing enrolled for a minimum of 6 credit hours, enthusiastic and willingness to help others.

Auditions are required. In addition, all instructors are required to obtain and maintain current First Aid and CPR certifications. Other qualifications vary by the type of instruction.

Reports To: Student Group Fitness Team Leader

Salary: \$7.00 per session

Contact: Department of Campus Recreation and Intramural Sports Office—
330-941-3488 or stop by Beeghly room 200 for an application.

Start Date: Fall 2005

Funding Status: Work Study – Yes Student Wages – Yes Both – Yes