

Guidelines for Acceptable Documentation for a Medical or Psychological Disability

1. A Diagnostic Statement Identifying the Condition:

If appropriate, an ICD or the DSM codes and the date of the most recent evaluation are needed, including the DSM codes for learning disabilities. If the most recent evaluation was not a full evaluation indicate when the last full evaluation was conducted. Documentation should not be more than 5 years old.

2. Current Functional Impact of the conditions:

The current functional impact on physical (including mobility, dexterity, and endurance), perceptual, cognitive communication, and behavioral abilities should be described. Descriptions should provide a sense of severity, information on variability over time or circumstances, and potential environmental triggers.

3. Treatments, Medications, Assistive Devices or Services Currently Prescribed or In Use:

Please give a description of treatment(s), medication(s), assistive device(s), accommodation(s) and/or assistive service(s) in current use and their estimated effectiveness in ameliorating the impact of the conditions. This should include any significant side effects that may impact physical, perceptual, behavioral or cognitive performances.

4. The Expected Progression or Stability of the Impacts Described Over Time:

This description should provide an estimate of the change in the functional impacts of the condition(s) over time and/or recommendations concerning the predictable needs for reevaluation of the condition(s). If the condition is variable is it under self-care for flare-ups or episodes?