

PENGUINS

TRACK & FIELD

Horizon Titles (7): 2008 Women's Indoor, 2006 Women's Outdoor, 2005 Women's Outdoor, 2005 Women's Indoor, 2004 Women's Outdoor, 2004 Women's Indoor, 2003 Men's Indoor

Mid-Con Titles (8): 1997 Women's XC, 1997 Women's Outdoor, 1997 Men's Outdoor, 1997 Men's Indoor, 1996 Women's Indoor, 1996 Men's XC, 1995 Men's XC, 1994 Men's XC

55M -- YSU RECORD: 6.94

Darcelle Formby	7.45	Baldwin-Wallace Mid-February	2/15/08
Katie Betts	7.45	Baldwin-Wallace Mid-February	2/15/08
Ashley Oliver	7.46	Baldwin-Wallace Mid-February	2/15/08
Kari Kreutzfeld	7.53	Baldwin-Wallace Mid-February	2/15/08
Katy Wells	7.65	Baldwin-Wallace Mid-February	2/15/08
Emily Dumitru	7.72	Baldwin-Wallace Mid-February	2/15/08

55M HURDLES -- YSU RECORD: 8.02

Yandeh Joh	8.32	Baldwin-Wallace Mid-February	2/15/08
Katy Wells	8.55	Baldwin-Wallace Mid-February	2/15/08
Emily Dumitru	8.67	Baldwin-Wallace Mid-February	2/15/08

60M DASH -- YSU RECORD: 7.52 / NCAA PROV: 7.44

Katie Betts	7.83	Horizon League Championships	3/2/08
Darcelle Formby	7.87	Golden Flash Gala	12/8/07
Alisha Anthony	7.87	Horizon League Championships	3/2/08
Ashley Oliver	7.90	Horizon League Championships	3/2/08
Breanne Romeo	8.02	Akron Quad	1/11/08
Kari Kreutzfeld	8.10	Akron Quad	1/11/08
Darcelle Formby	8.21	Akron Open	2/2/08
Katy Wells	8.39	Akron Quad	1/11/08

60M HURDLES -- YSU RECORD: 8.60 / NCAA PROV: 8.43

Katy Wells	8.95	Horizon League Championships	3/2/08
Yandeh Joh	8.98	Golden Flash Gala	12/8/07
Emily Dumitru	9.09	Horizon League Championships	3/2/08
Robyn Ray	9.92	Akron Quad	1/11/08

200M DASH -- YSU RECORD: 24.59 / NCAA PROV: 23.90

Katie Betts	25.13	Horizon League Championships	3/2/08
Breanne Romeo	25.50	Kent State Tune-Up	2/23/08
Alisha Anthony	25.63	Horizon League Championships	3/2/08
Kari Kreutzfeld	25.70	Golden Flash Gala	12/8/07
Darcelle Formby	25.89	Baldwin-Wallace Mid-February	2/15/08
Ashley Oliver	26.02	Horizon League Championships	3/2/08
Emily Wollet	26.24	Horizon League Championships	3/2/08
Katy Wells	27.42	Roo Town Open	2/8/08
Emily Dumitru	27.77	Roo Town Open	2/8/08

400M DASH -- YSU RECORD: 55.82 / NCAA PROV: 54.40

Breanne Romeo	56.06	Golden Flash Gala	12/8/07
Emily Wollet	57.81	Horizon League Championships	3/2/08
Kari Kreutzfeld	57.89	Horizon League Championships	3/2/08

800M RUN -- YSU RECORD: 2:12.90 / NCAA PROV: 2:09.00

Jennifer Roman	2:15.64	Horizon League Championships	3/2/08
Lisa Lee	2:17.49	Horizon League Championships	3/2/08
Emily Wollet	2:28.89	Akron Quad	1/11/08
Shantel Jackson	2:29.52	Golden Flash Gala	12/8/07
Amy Moore	2:36.45	Horizon League Championships	3/2/08
Kelcie Witmer	2:38.56	Akron Quad	1/11/08
Kari Kreutzfeld	2:42.05	Akron Quad	1/11/08

1,000M RUN -- YSU RECORD: 2:58.32

Lisa Lee	3:10.56	Baldwin-Wallace Mid-February	2/15/08
Jennifer Roman	3:12.47	Baldwin-Wallace Mid-February	2/15/08
Madelyn McGhee	3:19.52	Baldwin-Wallace Mid-February	2/15/08
Amy Moore	3:26.45	Baldwin-Wallace Mid-February	2/15/08

MILE RUN -- YSU RECORD: 5:01.41 / NCAA PROV: 4:48.00

Lauren Blase	5:19.33	Horizon League Championships	3/2/08
Lisa Lee	5:23.58	Kent State/Ohio	1/18/08
Kayla Witmer	5:30.39	Kent State Tune-Up	2/23/08
Madelyn McGhee	5:40.54	Kent State Tune-Up	2/23/08
Kelcie Witmer	5:51.30	Akron Quad	1/11/08
Amy Moore	5:57.11	Golden Flash Gala	12/8/07
Dawn Goodwin	6:04.15	Kent State Tune-Up	2/23/08
Laura Yamsek	6:12.40	Golden Flash Gala	12/8/07

3,000M RUN -- YSU RECORD: 10:08.50 / NCAA PROV: 9:34.00

Lauren Blase	10:35.72	Horizon League Championships	3/2/08
Kayla Witmer	10:43.13	Roo Town Open	2/8/08
Madelyn McGhee	11:24.41	Horizon League Championships	3/2/08
Dawn Goodwin	11:58.33	Horizon League Championships	3/2/08

5,000M RUN -- YSU RECORD: 17:25.57 / NCAA PROV: 16:42.00

Kayla Witmer	18:21.58	Akron Open	2/2/08
Lauren Blase	18:39.82	Akron Open	2/2/08
Dawn Goodwin	19:33.62	Horizon League Championships	3/2/08
Lisa Lee	20:04.53	Golden Flash Gala	12/8/07
Madelyn McGhee	20:13.84	Horizon League Championships	3/2/08
Kelcie Witmer	20:35.09	Golden Flash Gala	12/8/07

HIGH JUMP -- YSU RECORD: 5'7" / NCAA PROV: 5'10"

Jen Grayson	1.68m (5-6)	Horizon League Championships	3/2/08
Robyn Ray	1.53m (5-0 1/4)	Horizon League Championships	3/2/08
Yandeh Joh	1.52m (4-11 3/4)	Horizon League Championships	3/2/08

LONG JUMP -- YSU RECORD: 19'3.25" / NCAA PROV: 20'.25"

Alisha Anthony	5.84m (19-2)	Akron Open	2/2/08
Yandeh Joh	5.51m (18-1)	Horizon League Championships	3/2/08
Darcelle Formby	5.01m (16-5 1/4)	Horizon League Championships	3/2/08
Robyn Ray	4.94m (16-2 1/2)	Horizon League Championships	3/2/08

TRIPLE JUMP -- YSU RECORD: 37'7.75" / NCAA PROV: 41'6"

Alisha Anthony	11.33m (37-2 1/4)	Horizon League Championships	3/2/08
Robyn Ray	11.04m (36-2 3/4)	Horizon League Championships	3/2/08

POLE VAULT -- YSU RECORD: 11'.25" / NCAA PROV: 12'11.5"

Stephanie Jarvis	3.35m (10-11 3/4)	Akron Quad	1/11/08
Darla Wilson	3.05m (10-0)	Kent State Tune-Up	2/23/08
Amanda Carpin	3.05m (10-0)	Horizon League Championships	3/2/08
Kristen Hill	3.04m (9-11 3/4)	Golden Flash Gala	12/8/07

SHOT PUT -- YSU RECORD: 47'7.25" / NCAA PROV: 49'10.5"

Danielle Curry	13.60m (44-7 1/2)	Baldwin-Wallace Mid-January	1/25/08
Bethany Anderson	13.26m (43-6)	Horizon League Championships	3/2/08
Tyshaune Toney	12.38m (40-7 1/2)	Golden Flash Gala	12/8/07
Marissa Opper	10.15m (33-3 3/4)	Kent State/Ohio	1/18/08

WEIGHT THROW -- YSU RECORD: 63'10" / NCAA PROV: 62'4"

Bethany Anderson	19.47m (63-10 1/2)	Horizon League Championships	3/2/08
Alexis Hall	16.71m (54-10)	Horizon League Championships	3/2/08
Danielle Curry	16.68m (54-8 3/4)	Baldwin-Wallace Mid-February	2/15/08
Marissa Opper	15.11m (49-7)	Horizon League Championships	3/2/08
Lyndsie Hall	12.60m (41-4 1/4)	Horizon League Championships	3/2/08

4X400M RELAY -- NCAA PROV: 3:41.20

Kreutzfeld, Roman	3:52.39	Horizon League Championships	3/2/08
Wollet, Romeo			

DMR -- NCAA PROV: 11:33.50

Lee, Wollet,	12:32.03	Horizon League Championships	3/2/08
Roman, Blase			

PENTATHLON -- YSU RECORD: 3,436 / NCAA PROV: 3,700

Yandeh Joh	3,325	Akron Open	2/2/08
Robyn Ray	3,007	Horizon League Championships	3/2/08

^ - indicates time converted from standard 200m track