

# PENGUINS

## TRACK & FIELD

**Horizon Titles (9):** 2009 Women's Outdoor, 2008 Women's Outdoor, 2008 Women's Indoor, 2006 Women's Outdoor, 2005 Women's Outdoor, 2005 Women's Indoor, 2004 Women's Outdoor, 2004 Women's Indoor, 2003 Men's Indoor

**Mid-Con Titles (8):** 1997 Women's XC, 1997 Women's Outdoor, 1997 Men's Outdoor, 1997 Men's Indoor, 1996 Women's Indoor, 1996 Men's XC, 1995 Men's XC, 1994 Men's XC

**60M DASH -- YSU RECORD: 7.52 / NCAA PROV: 7.44**

Alisha Anthony	7.82	Horizon League Championships	2/28/09
Darcelle Formby	7.96	Baldwin-Wallace Invitational	2/6/09
Kari Kreutzfeld	7.96	Baldwin-Wallace Invitational	2/6/09
Katie Betts	8.03	Robert Morris Six-Way	1/23/09
Emily Dumitru	8.26	Baldwin-Wallace Invitational	2/6/09
Katy Wells	8.26	Baldwin-Wallace Invitational	2/6/09
Nicole Rymer	8.54	Golden Flash Gala	12/5/08
Laura Kosiorek	9.31	Robert Morris Six-Way	1/23/09
Eryn Langenkamp	9.55	Robert Morris Six-Way	1/23/09

**60M HURDLES -- YSU RECORD: 8.60 / NCAA PROV: 8.43**

Laura Kosiorek	9.02	Baldwin-Wallace Invitational	2/6/09
Nichole Rymer	9.15	Baldwin-Wallace Invitational	2/6/09
Katy Wells	9.19	Horizon League Championships	2/28/09
Eryn Langenkamp	9.35	Golden Flash Gala	12/5/08
Emily Dumitru	9.50	Baldwin-Wallace Invitational	2/6/09
Robyn Ray	9.82	Horizon League Championships	2/28/09

**200M DASH -- YSU RECORD: 24.59 / NCAA PROV: 23.90**

Breanne Romeo	25.59	Kent State Tune-Up	2/21/09
Alisha Anthony	25.75	Horizon League Championships	2/28/09
Darcelle Formby	26.13	Horizon League Championships	2/28/09
Kari Kreutzfeld	26.32	Golden Flash Gala	12/5/08
Katie Betts	26.41	Doug Raymond Open	1/17/09

**400M DASH -- YSU RECORD: 55.82 / NCAA PROV: 54.40**

Breanne Romeo	56.48	Horizon League Championships	2/28/09
Kari Kreutzfeld	59.07	Golden Flash Gala	12/5/08
Darcelle Formby	1:04.11	Kent State Duals	1/30/09

**800M RUN -- YSU RECORD: 2:12.90 / NCAA PROV: 2:09.00**

Jennifer Roman	2:18.91	Horizon League Championships	2/28/09
Lisa Lee	2:23.05	Horizon League Championships	2/28/09
Amy Moore	2:24.86	Kent State Tune-Up	2/21/09
Robyn Ray	2:41.92	Horizon League Championships	2/28/09
Eryn Langenkamp	2:53.66	Golden Flash Gala	12/5/08

**MILE RUN -- YSU RECORD: 5:01.41 / NCAA PROV: 4:48.00**

Lauren Blase	5:10.54	Horizon League Championships	2/28/09
Lisa Lee	5:28.85	Kent State Duals	1/30/09
Amy Moore	5:31.24	Akron Invitational	2/14/09
Jocelyn Steiner	5:42.42	Kent State Tune-Up	2/21/09
Dawn Goodwin	6:22.68	Golden Flash Gala	12/5/08

**3,000M RUN -- YSU RECORD: 10:08.50 / NCAA PROV: 9:34.00**

Lauren Blase	10:07.87	Horizon League Championships	2/28/09
Kayla Witmer	10:36.59	Horizon League Championships	2/28/09
Lisa Lee	11:13.30	Doug Raymond Open	1/17/09
Jocelyn Steiner	11:45.19	Akron Invitational	2/14/09

**5,000M RUN -- YSU RECORD: 17:25.57 / NCAA PROV: 16:42.00**

Lauren Blase	17:47.00	Horizon League Championships	2/28/09
Kayla Witmer	18:04.09	Robert Morris Six-Way	1/23/09
Jocelyn Steiner	21:16.95	Golden Flash Gala	12/5/08

**HIGH JUMP -- YSU RECORD: 5'7" / NCAA PROV: 5'10"**

Jen Grayson	1.66m (5-5 1/4)	Robert Morris Six-Way	1/23/09
Robyn Ray	1.63m (5-4 1/4)	Horizon League Championships	2/28/09
Eryn Langenkamp	1.50m (4-11)	Robert Morris Six-Way	1/23/09

**LONG JUMP -- YSU RECORD: 19'3.25" / NCAA PROV: 20'.25"**

Alisha Anthony	5.70m (18-8 1/2)	Horizon League Championships	2/28/09
Eryn Langenkamp	5.10m (16-8 3/4)	Horizon League Championships	2/28/09
Robyn Ray	4.97m (16-3 3/4)	Horizon League Championships	2/28/09
Laura Kosiorek	4.80m (15-9)	Golden Flash Gala	12/5/08
Darcelle Formby	4.59m (15-0 3/4)	Horizon League Championships	2/28/09

**TRIPLE JUMP -- YSU RECORD: 39'5.25" / NCAA PROV: 41'6"**

Alisha Anthony	12.02m (39-5 1/4)	Robert Morris Six-Way	1/23/09
Laura Kosiorek	11.29m (37-0 1/2)	Baldwin-Wallace Invitational	2/6/09
Robyn Ray	11.08m (36-4 1/4)	Horizon League Championships	2/28/09

**POLE VAULT -- YSU RECORD: 11'.25" / NCAA PROV: 12'11.5"**

Stephanie Jarvis	3.40m (11-1 3/4)	Kent State Tune-Up	2/21/09
Amanda Carpin	3.10m (10-2)	Horizon League Championships	2/28/09

**SHOT PUT -- YSU RECORD: 47'7.25" / NCAA PROV: 49'10.5"**

Danielle Curry	13.75m (45-1 1/2)	Horizon League Championships	2/28/09
Kaitlyn Griffith	12.97m (42-6 3/4)	Kent State Duals	1/30/09
Leah Love	12.13m (39-9 3/4)	Baldwin-Wallace Invitational	2/6/09
Amanda Cox	12.02m (39-5 1/2)	Horizon League Championships	2/28/09
KaiCee Kubicina	11.52m (37-9 1/2)	Robert Morris Six-Way	1/23/09
Alexis Hall	11.40m (37-5)	Baldwin-Wallace Invitational	2/6/09

**WEIGHT THROW -- YSU RECORD: 63'10" / NCAA PROV: 62'4"**

Danielle Curry	17.18m (56-4 1/2)	Horizon League Championships	2/28/09
Alexis Hall	17.04m (55-11)	Kent State Tune-Up	2/21/09
Marissa Opper	15.22m (49-11 1/4)	Kent State Tune-Up	2/21/09
Kaitlyn Griffith	14.79m (48-6 1/4)	Kent State Tune-Up	2/21/09
KaiCee Kubicina	11.79m (38-8 1/4)	Doug Raymond Open	1/17/09

**4X400M RELAY -- NCAA PROV: 3:41.20**

4:00.13	Horizon League Championships	2/28/09
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**DMR -- NCAA PROV: 11:33.50**

12:51.98	Horizon League Championships	2/28/09
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**PENTATHLON -- YSU RECORD: 3,436 / NCAA PROV: 3,700**

Robyn Ray	3,076	Horizon League Championships	2/28/09
Eryn Langenkamp	2,843	Akron Invitational	2/14/09