

PENGUINS

TRACK & FIELD

Horizon Titles (8): 2008 Women's Outdoor, 2008 Women's Indoor, 2006 Women's Outdoor, 2005 Women's Outdoor, 2005 Women's Indoor, 2004 Women's Outdoor, 2004 Women's Indoor, 2003 Men's Indoor

Mid-Con Titles (8): 1997 Women's XC, 1997 Women's Outdoor, 1997 Men's Outdoor, 1997 Men's Indoor, 1996 Women's Indoor, 1996 Men's XC, 1995 Men's XC, 1994 Men's XC

100M DASH -- YSU RECORD: 11.44 / NCAA REGIONAL: 11.75

Katie Betts	12.01	Sea Ray Relays	4/12/08
Alisha Anthony	12.37	Horizon League Championships	5/9/08
Darcelle Formby	12.38	Horizon League Championships	5/9/08
Ashley Oliver	12.48	Red Flash Open	4/26/08
Breanne Romeo	12.71	Sparky Adams Invitational	4/19/08
Kari Kreutzfeld	12.75	Toledo Invitational	5/2/08

200M DASH -- YSU RECORD: 23.47 / NCAA REGIONAL: 23.96

Darcelle Formby	25.11	Horizon League Championships	5/9/08
Katie Betts	25.13	Horizon League Championships	5/9/08
Kari Kreutzfeld	25.25	Horizon League Championships	5/9/08
Breanne Romeo	25.28	Horizon League Championships	5/9/08
Alisha Anthony	25.57	Horizon League Championships	5/9/08
Emily Wollet	25.74	Horizon League Championships	5/9/08
Ashley Oliver	26.14	Red Flash Open	4/26/08

400M DASH -- YSU RECORD: 54.64 / NCAA REGIONAL: 54.61

Breanne Romeo	55.36	Horizon League Championships	5/9/08
Kari Kreutzfeld	56.67	Horizon League Championships	5/9/08
Emily Wollet	57.04	Horizon League Championships	5/9/08

800M RUN -- YSU RECORD: 2:13.98 / NCAA REGIONAL: 2:09.80

Jennifer Roman	2:14.73	Horizon League Championships	5/9/08
Lisa Lee	2:20.67	Horizon League Championships	5/9/08
Amy Moore	2:34.52	Horizon League Championships	5/9/08

1,500M RUN -- YSU RECORD: 4:37.81 / NCAA REGIONAL: 4:27.80

Jennifer Roman	5:06.12	Sparky Adams Invitational	4/19/08
Madelyn McGhee	5:08.61	Red Flash Open	4/26/08
Lisa Lee	5:11.51	Sparky Adams Invitational	4/19/08
Amy Moore	5:27.38	Sparky Adams Invitational	4/19/08

3,000M RUN -- YSU RECORD: 10:01.55

Kayla Witmer	11:46.72	Northeast Ohio Quad	4/12/08
Madelyn McGhee	12:14.41	Red Flash Open	4/26/08

STEEPLECHASE -- YSU RECORD: 10:44.75 / NCAA REGIONAL: 10:50.25

Dawn Goodwin	12:30.62	Horizon League Championships	5/9/08
Kelcie Witmer	13:15.28	Horizon League Championships	5/9/08

5,000M RUN -- YSU RECORD: 17:13.15 / NCAA REGIONAL: 16:52.00

Lauren Blase	18:54.24	Red Flash Open	4/26/08
Kayla Witmer	18:56.24	Red Flash Open	4/26/08
Dawn Goodwin	20:15.09	Horizon League Championships	5/9/08
Madelyn McGhee	21:05.77	Sparky Adams Invitational	4/19/08
Amy Moore	22:53.92	Sparky Adams Invitational	4/19/08

10,000M RUN -- YSU RECORD: 35:29.01 / NCAA REGIONAL: 35:00.00

Kayla Witmer	38:17.29	Horizon League Championships	5/9/08
Lauren Blase	39:42.78	Sea Ray Relays	4/12/08

100M HURDLES -- YSU RECORD: 13.88 / NCAA REGIONAL: 13.92

Yandeh Joh	14.59	Northeast Ohio Quad	4/12/08
Katy Wells	14.81	Sparky Adams Invitational	4/19/08
Emily Dumitru	15.32	Sparky Adams Invitational	4/19/08
Robyn Ray	16.95	Red Flash Open	4/26/08

400M HURDLES -- YSU RECORD: 1:02.47 / NCAA REGIONAL: 1:00.82

Yandeh Joh	1:04.38	Horizon League Championships	5/9/08
Emily Dumitru	1:06.31	Horizon League Championships	5/9/08

HIGH JUMP -- YSU RECORD: 1.67M / NCAA REGIONAL: 1.75M

Jen Grayson	1.60m (5-3)	Horizon League Championships	5/9/08
Robyn Ray	1.57m (5-1 3/4)	Red Flash Open	4/26/08
Yandeh Joh	1.55m (5-1)	Horizon League Championships	5/9/08

LONG JUMP -- YSU RECORD: 5.77M / NCAA REGIONAL: 6.00M

Alisha Anthony	5.77m (18-11 1/4)	Horizon League Championships	5/9/08
Yandeh Joh	5.29m (17-4 1/4)	Horizon League Championships	5/9/08
Darcelle Formby	5.00m (16-5)	Horizon League Championships	5/9/08

TRIPLE JUMP -- YSU RECORD: 11.99M / NCAA REGIONAL: 12.32M

Alisha Anthony	11.99m (39-4)	Horizon League Championships	5/9/08
Robyn Ray	10.60m (34-9 1/2)	Horizon League Championships	5/9/08

POLE VAULT -- YSU RECORD: 3.40M / NCAA REGIONAL: 3.85M

Stephanie Jarvis	3.40m (11-1 3/4)	Horizon League Championships	5/9/08
Darla Wilson	2.95m (9-8)	Horizon League Championships	5/9/08
Amanda Carpin	2.90m (9-6 1/4)	Northeast Ohio Quad	4/12/08

SHOT PUT -- YSU RECORD: 14.11M / NCAA REGIONAL: 14.30M

Bethany Anderson	13.31m (43-8)	Butler Twilight	5/3/08
Danielle Curry	13.07m (42-10 3/4)	Red Flash Open	4/26/08
Lindsey Hill	12.96m (42-6 1/4)	Red Flash Open	4/26/08

DISCUS -- YSU RECORD: 47.04M / NCAA REGIONAL: 47.30M

Bethany Anderson	42.51m (139-6)	Horizon League Championships	5/9/08
Danielle Curry	42.02m (137-10)	Horizon League Championships	5/9/08
Marissa Opper	40.66m (133-5)	Toledo Invitational	5/2/08
Lindsey Hill	39.12m (128-4)	Northeast Ohio Quad	4/12/08
Alexis Hall	37.54m (123-2)	Horizon League Championships	5/9/08

HAMMER -- YSU RECORD: 58.04M / NCAA REGIONAL: 54.15M

Bethany Anderson	58.04m (190-5)	Pepsi Florida Relays	4/5/08
Alexis Hall	48.94m (160-7)	Horizon League Championships	5/9/08
Danielle Curry	47.15m (154-8)	Horizon League Championships	5/9/08
Marissa Opper	46.28m (151-10)	Horizon League Championships	5/9/08
Lindsey Hill	43.36m (142-3)	Horizon League Championships	5/9/08
Lyndsie Hall	31.87m (104-7)	Northeast Ohio Quad	4/12/08

JAVELIN -- YSU RECORD: 45.19M / NCAA REGIONAL: 43.45M

Lindsey Hill	32.70m (107-3)	Horizon League Championships	5/9/08
Lyndsie Hall	28.09m (92-2)	Horizon League Championships	5/9/08

HEPTATHLON

Yandeh Joh	3,882 points	Horizon League Championships	5/9/08
Robyn Ray	3,628 points	Horizon League Championships	5/9/08